

Gardening Enrichment session

1. What is the overall intention of your particular session?

Intent:

Gain the benefits of what gardening has to offer. This session enables Children to develop their self-knowledge, self-esteem and self-confidence. Gardening with children provides them with skills to help each child's development. ... For example, gardening is a great physical development activity. Young children can practice locomotor skills, body management skills and object control skills while they move from one place to the other carrying tools, soil and water. This also provides self-satisfaction for the children to admire their hard work.

What have you achieved so far.

Implement:

Children have learnt about the wonderful creations of the Almighty. The children were shown flower beds at the front of the school. In groups they have been allocated a patch of the flower beds. Indoor sessions have been given for children to discuss ideas on how to create their allocated patches. Videos have been shown to children on weed control. All groups agreed upon an idea.

The idea is:

- a) to lay down the black sheeting for weed control.
- b) to get some bark shredding's and spread it across the covered areas.
- c) trim the evergreen tree and trim the hardy bush to allow light within the classroom.
- d) to get plant pots and plant bulbs and hardy plants to create a colorful and an inviting entrance for parents, visitors and children.

In the coming sessions children will also be writing up their own experiences as an LIA gardener.



